



Community Educational Programs, Trainings, Workshops, and Lectures

Share The Care Training and “Let’s Get Started” Caregiver Workshop – Newmarket, Ontario (Mar.11, 12 2010)

- Full day training
- 3 hour Workshop for Caregivers and Concerned Friends

Four Share The Care Trainings – South West Ontario (Sept. 29, Oct. 1, 27, 29, 2009)

- Full day Trainings in Owen Sound, Mitchell, London and Chatham for health professionals & clergy. This is start of 18-month Share The Care initiative.

Share The Care Training – Anchorage, Alaska (August 21, 2009)

- Full day Training for health professionals and clergy

13th Annual Aging Concerns Unit Us Conference, Albany, NY (June 2-3, 2009)

- * Workshop Presentation

ShareTheCaregiving’s Third NYC Program – Share The Care™ NYC Training New York City, NY (May 28, 2009)

- Full day Training for health professionals and clergy

2009 Oregon Association of Home Care Conference, Salem, Oregon (March 5, 2009) • Keynote speaker for health professionals

Caregiving with Confidence Conference, Winnipeg, Manitoba (January 22, 2009)

- Keynote speaker for professionals, caregivers, and students

Empowering Communities for Successful Aging Conference, Saratoga Springs, NY (November 13, 2008)

- Presentation and part of panel

ShareTheCaregiving’s Second NYC Program – Share The Care™ NYC Training, New York City, NY (October 30, 2008)

- Full day training for health professionals and clergy

8th Annual Gulf Coast Home Care Conference, Point Clear, AL (June10, 2008)

- Workshop presentation for health professionals

Long Term Care Association of Manitoba 8th Annual Conference, Winnipeg, Manitoba (May 27, 2008)

- Speaker – 250 health professionals

Ontario’s Ministry of Health and Local Health Integration Network’s

Aging At Home Conference, Toronto, Ontario (April 23, 2008)

- Keynote speaker – 700 health professionals

Council of Senior Centers and Services of NYC – The Power of Aging Conference
New York City, NY (January 24, 2008)

- Workshop presentation hosted by NYC Family Caregiver Coalition

Alzheimer's Association Greater Michigan Chapter and Upper Peninsula Region
Marquette, MI (August, 23, 2007)

- Keynote speaker and workshop for 100 health professionals/clergy/caregivers

Wellmont Healthcare Systems/ ALS Association – Tennessee Chapter Bristol, TN
(May 22, 23, 2007)

- Speaker for caregivers/health professionals/ Full day training for professionals

Robert Wood Johnson University Hospital – Caring For You, Caring For Me
Conference, New Brunswick, NJ (May 19, 2007)

- Speaker for caregivers conference

ShareTheCaregiving and St. Vincent's Hospital - Share The Care™ NYC Training
New York City, NY (March 31, 2007)

- Full Day training for health professionals & clergy

Joint Conference of the American Society on Aging and The National Council on
Aging, Chicago, IL (March 8, 2007)

- Workshop presentation of Share The Care™ with Claire Culbertson

Sharon S. Richardson Community Hospice, Sheboygan Falls, WI (Feb. 22, 2007)

- Full day training for staff and volunteers

Jewish Home & Hospital – Lifecare Plus, New York, NY (Jan. 16, 2007)

- Full day Training staff of Lifecare Plus Program work (with older population)

HOPE - Hospice & Palliative Care Conference, Wisconsin Rapids, WI (Nov. 9, 2007)

- Plenary speaker for 250 health professionals

Woodward Respite Care Fund, Denver, CO (September 21, 2006)

- Full day Training for 50 health professionals and clergy

Jewish Home and Hospital, New York, NY (September 8, 2006)

- Presentation/training for selected supervisory staff

National Hospice and Palliative Care Conference on Volunteerism & Family
Caregiving, Denver, CO (July 29, 2006)

- Workshop presentation on Share The Care model

MDA/ALS Symposium, Beaverton, OR (October 29, 2005)

- Featured speaker for 100 patients with ALS and their caregivers.

Spencer Crawford Children's Foundation, Coral Springs, FL (July 29, 2005)

- Full day training for staff of the foundation.

- Focus on helping the parents of children who are seriously ill.

Training for Health Professionals/Clergy, Greensboro, VT (May 5, 2005)

- Full day seminar sponsored by Area Agency for Northeastern VT., Northeastern Vermont Area Health Education Center, Northeastern VT. Regional Hospital, North Country Hospital, Northern Counties Health Care Inc .

United Nations, New York, NY (October 14, 2004)

- Sponsored by the United Nations Caregivers Support Group
- Presented lecture on *Share The Care* to caregivers from many nations

Training for Health Professionals and Clergy, Rutland, VT (June 10, 2004)

- Full day seminar sponsored by Rutland Regional Medical Center, Rutland Area Visiting Nurse Service, Southern Vermont Area Health Education Center and Southwestern Vermont Council on Aging

ALS Caregivers Conference, The Carolinas Medical Center for Neuromuscular Disease - Charlotte, NC (October 18, 2003)

- Keynote speaker. Presented the Share The Care™ system and benefits of group caregiving to ALS patients and their caregivers and families.

Caregiver's Forum, Mission Inn, Orlando, FL (September 24, 2003)

- Sponsored by Share The Care Foundation of Orlando, FL_(not related to *Share The Care* handbook or ShareTheCaregiving, Inc.)
- Keynote speaker on the benefits of group caregiving to 250 caregivers

Feedback from Share The Care Training Participants

"Too often we "workers" think about what we can't do. This shows what we can do — need to do. Warehousing elders in Nursing Homes is very sad. Finding ways to keep people at home safely should be our aim for those who want this." **Case Manager**

"It is wonderful to have a new method of assisting families with caregiving issues. The model is very clear and comprehensive with a lot of room to adjust for individual situations." **RN, Adult Day Care Center**

"The presentation was inspiring, uplifting, full of wonderful ideas, well-timed breaks, well organized presentation. Sheila has a great speaking style - held my interest throughout - so much interesting and useable information." **Community Outreach Worker**

"The personal stories put a real face on this model. All of your examples and stories from the heart to the heart. Because this is about part of life —several times I was reminded of situations, people in my own community, pieces of this model that already are happening—but the model seems to pull those pieces together and tap into the power of a group, the gifts that each person brings to the group, and how to make caregiving a sustainable and blossoming proposal." **Activity Director Residential Care Home**

"This seems like such an exciting, doable and much needed care program. I wish my family had known about this a few years ago when my sister-in-law was sick and dying." **Family Caregiver Support Coordinator Council on Aging**

"Excellent seminar - superb presenter whose mission in life is CLEAR. Keep doing what you're doing - bringing this gospel to everyone, everywhere." **Social worker**

"This was a wonderful seminar. The personal stories and videos were wonderful and it makes all the difference in knowing it really works." **Social Worker in LTC facility**

"Very empowering. As we baby boomers age, we will need to take care of each other because this is going to be a serious shortage of health care professional. Plus with recent government budget cuts, agencies aren't going to be able to provide the same level of service. We will have to depend on volunteers." **RN**

"Excellent workshop. Very real practical information. This type of care can certainly enrich the lives of so many—whose only alternatives may be institutionalization." **Home Health RN & Case Manager**

"I liked having an opportunity to participate in a mock group because ideas and possibilities expanded as the group explored the needs." **Volunteer Coordinator**

"Share The Care can make a difference for me personally. I have a friend living with disability, no family, and I am the caregiver. So I am very excited about establishing a group for her safety and my sanity." **Hospice worker**

Caregiver Feedback

"It was great to find out that there is a way to get help and have it be so well organized. Before your presentation it looked like an impossible task."

"Telling a story from a first-hand experience is full of credibility. Caregiving, full of love and compassion makes life easier for everyone. Your lecture was very informative. Thank you for sharing."

"Sorry I can't write anything above – too busy wiping away tears. This was excellent and I wish I knew about it sooner for other family members."

"Very well presented, sensitive accounting of Sheila's personal experiences. Lots' of valuable information. Very practical, doable techniques that shed light on a situation we can all relate to. It takes s the "fear" out of the responsibility knowing that sharing the responsibility is possible. Taking care of yourself during this process doesn't sound selfish but sound advice."

"I didn't know where to start. It seems as if my sister is doing it all. I know now how to Share The Care."